

2308000202010002
EXAMINATION FEBRUARY-MARCH 2024
BACHELOR OF COMMERCE (HONORS)
(SECOND SEMESTER)
PERSONALITY DEVELOPMENT LEVEL 1

[Time: As Per Schedule]

[Max. Marks: 50]

Instructions:

1. Fill up strictly the following details on your answer book

- a. Name of the Examination : **BACHELOR OF COMMERCE (HONORS)(SECOND SEMESTER)**
 - b. Name of the Subject : **PERSONALITY DEVELOPMENT LEVEL 1**
 - c. Subject Code No : **2308000202010002**
2. Sketch neat and labelled diagram wherever necessary.
3. Figures to the right indicate full marks of the question.
4. All questions are compulsory.

Seat No:

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Student's Signature

Q.1 Answer the following questions briefly. (Any SEVEN)

14

1. What is Emotional Intelligence? Describe Goleman's framework?
2. Kurt Lewin's model of change
3. What is meant by attitude?
4. Explain the meaning of hard skills with example.
5. How can emotional intelligence help you manage change?
6. What is self esteem?
7. What is meant by positive self-talk?
8. Define adaptability.
9. Explain behavioral goals
10. Explain time stressors.

Q.2 Answer any one of the following in detail.

12

1. Describe a few effective strategies of Time Management, giving examples
2. What is social consciousness? How does it lead to civic engagement?
3. How does smart delegation of work help save time?

Q.3 A. Answer ANY ONE of the following **7**

1. You need to arrive at a decision on the following situation: A course to select for a post-graduate degree (create a step by step decision- making sheet)
2. You plan your day very well, yet you can not meet your planning due to last minute changes in the schedule which upsets you and affects your performance. How would you deal with the same using your soft skills? List the skills out and tell us how would you apply them?

Q.3 B. Write a blog (Any One) **7**

1. Green Energy Conversion.
2. The Challenges of Remote Education
3. Global Pandemic & Vaccination
4. Women empowerment and social development

Q.4 Change following thoughts/ assertions into positive one. (Any FOUR) **4**

1. I have not tried this before.
2. I am too disorganized to accomplish anything.
3. I cannot do it without the right resources.
4. No one ever talks to me.
5. I will never get a promotion.

Q.5 Prepare a test containing at least 8-10 points to analyses self/ situation with possible score card: (Any One) **6**

1. Prepare a test along with score card to identify the soft skills
2. Prepare a test along with score card to assess SMART Goals
3. Prepare a test & its scorecard to assess leadership skills
